

American University of Central Asia

Department: Psychology

CHECKLIST FOR ADMITS 2026

General Education Courses						
Course Name	Course code	Course ID	Credits	Semester	Prerequisites	Comments
Academic Orientation Program: August 17 - August 28, 2026	ORI		2*			Outside of 240
First Year Seminar I	FYS		4		none	
First Year Seminar II	FYS		4		FYS 1	
Introduction to Philosophy I (part of FYS)	FYS		2		none	
Introduction to Philosophy II (part of FYS)	FYS		2		Phil I	
English Composition I	ECL		6		none	
English Composition II	ECL		6		ECL I	
Kyrgyz Language and Literature I	KLL		4		none	
Kyrgyz Language and Literature II	KLL		4		KLL I	
Russian Language I	RUS		2		none	
Russian Language II	RUS		2		RUS I	
History of Kyrgyzstan	HIST		4		none	
Geography of Kyrgyzstan	GEO		2		none	
Manas Studies			2		none	
Introduction to Probability and Statistics***	MATH		6		none	
Intro to Behavioral Statistics	PSY-356		6		Introduction to Probability and Statistics	
Natural Sciences/Second Year Seminar**	SYS/NTR		6			
Arts/Second Year Seminar**	ART		12			
Humanities/Second Year Seminar**	SYS/HUM		12			
Social Sciences/Second Year Seminar**	SYS/SS		6			
Sports	SPO		0		none	400 hours
Total GenEd credits			92 [2] credits			

* Credits earned for the Academic Orientation program are not included into 240 credits for graduation.

**All students in their 2nd year must take one Second Year Seminar. This seminar substitutes for one required 6-credit course in either Humanities, Social Sciences, Arts or Natural Science.

***This course is offered in English once every two years and its availability may change. Students must plan accordingly and consult with the department prior to registration.

Major Requirements						
Required Courses				Total - 42 credits		
Course Name	Course abbr.	Course ID	Credits	Semester	Prerequisites	Comments
Introduction to Psychology	PSY 105.1	2999	6	1		
Psychological Approaches to Effective Learning	PSY 128	5658	6	1		
History and Systems in Psychology	PSY 157	5282	6	2		
Qualitative Research Methods	PSY 366	5315	6	3		
Research Methods in Social Sciences: Quantitative Research	PSY 276	5103	6	4		
Psychological Tests	PSY 337.1	3337	6	5	PSY 105.1	
Ethics and Diversity in Psychology	PSY. 419	5768	6	6		
Major Elective Courses ¹				Total - 54 credits		
Course Name	Course code	Course ID	Credits	Semester	Prerequisites	Comments
A. Neuroscience Cluster						
Anatomy and Physiology of CNS and Complex Nervous Activity	PSY 127	2942	6	2-8	PSY 105.1	
Psychogenetics	PSY 386.1	4936	3	2-8	PSY 105.1	
Psychophysiology and Cognitive Psychology	PSY 310.1	3067	6	2-8	PSY 105.1	
Psychopharmacology	PSY 300.1	3068	6	2-8		
B. Personality and Social Cluster						
Psychology of Personality	PSY 334.1	3480	6	2-8	PSY 105.1	
Psychology of Interpersonal Relations	PSY 359	3696	6	2-8		
Social Psychology	PSY 211.1	3233	6	2-8	PSY 105.1	
Developmental Psychology	PSY 238.1	3066	6	2-8	PSY 105.1	
Educational Psychology and School Environment	PSY 348	4373	6	2-8		
C. Clinical Psychology Cluster						
Abnormal Psychology	PSY 39.1	3338	6	2-8	PSY 105.1	

¹ Students must complete 54 credits of elective courses selected from four clusters. Students must complete at least 12 credits from each cluster, while the remaining credits may be selected from any of the four clusters.

Intro to Counseling	PSY 383.1	3482	6	2-8	PSY 105.1	
Special Psychology	PSY 209.1	4224	6	2-8	PSY 105.1	
Psychopharmacology	PSY 300.1	3068	6	2-8		
Group Counseling	PSY 405	4200	6	2-8	PSY 105.1	
Applied Behavior Analysis for Diverse Settings	PSY 369	4372	6	2-8	PSY 105.1	
Applied Behavior Analysis Treatment II	PSY 344.1	3385	6	2-8	PSY 369	
D. Advanced Topics in Psychology Cluster						
Peace and Violence: Causes and Conditions	PSY 350	4740	6	2-8		
Political Psychology	PSY/ICP	3212	6	2-8		
Psychology of Conflict	PSY/ICP/S OC 242	4131	6	2-8		
Happiness: Public and Private	PSY 363	5281	6	2-8		
Market Psychology	PSY 325.1	4142	6	2-8		
Psychology of Human Sexuality	PSY 359	3697	6	2-8		
Mental health in Global Perspectives	PSY 345	5648	6	2-8		
Feminism and Psychology	PSY 294	5636	6	2-8		
Introduction to Organizational Psychology	PSY 342.1	3339	6	2-8		
Art in Psychology	PSY-288	6058	6	2-8		
Career Assessment and Counseling	PSY-435	4629	6	2-8		
Non-Major Elective Courses²					Total - 40 credits	
Course 1 from Gen Ed Social Sciences			6	any		
Course 2			6	2-8		
Course 3			6	3-8		
Course 4			6	3-8		
Course 5			6	3-8		
Course 6			4	3-8		
Course 7			6	3-8		

² Students must complete a total of 40 credits of elective courses. Of these at least 18 credits must be taken from courses outside the student's major. The remaining credits be taken either from the student's major or from additional non-major courses.

Senior Thesis Seminar							Total - 12 credits
Senior Thesis Seminar I		PSY 411.1	3779	6	7	PSY 374, PSY 276, PSY 366, PSY. 419	
Senior Thesis Seminar II		PSY 412.1	3780	6	8	Senior Thesis Seminar I	
Total (Major Required Courses, Major Elective Courses, Senior Thesis Seminar I, II):							42 + 54 + 12
							108 credits
Non-Major Elective Courses							
at least 18 credits should be taken outside of the major							40 credits
Internships - 15 credits (outside of 240 credits)							
Internship I		PSY 298	5104	3	5-7		Pass/Non-pass
Practical Internship		PSY-361.1	3777	12	6-8	Internship I	Pass/Non-pass
Total Credits		240 credits + 15 credits Internships + 2 credits AOP					

Order of Study for 2026 Admits

Academic Orientation Program [2 credits]			
1st semester (30 credits)		2nd semester (30 credits)	
First Year Seminar I	4	FYS II	4
English Composition I	6	English composition II	6
Intro to Philosophy I	2	Intro to Philosophy II	2
Russian Language I	2	Kyrgyz Language and Literature II	4
Kyrgyz Language and Literature I	4	Russian Language II	2
Introduction to Psychology	6	History and Systems in Psychology	6
Psychological Approaches to Effective Learning	6	Intro to Probabilities and Statistics	6
Sport – (100 hours)	0	Sport – (100 hours)	0
3rd semester (30 credits)		4th semester (30 credits)	
Qualitative Research Methods	6	Research Methods in Social Sciences: Quantitative Research	6
Major Elective Course	6	Major Elective Course	6
Second Year Seminar/ART or HUM or SS etc.	6	Second Year Seminar/ART or HUM or SS etc.	6
Natural Sciences	6	Second Year Seminar/ART or HUM or SS etc.	6
History of Kyrgyzstan	4	Non-Major Elective Course	4

Geography of Kyrgyzstan	2	Manas Studies	2
Sport – (100 hours)	0	Sport – (100 hours)	0
5th semester (33 credits)		6th semester (30 credits)	
Psychological Tests	6	Ethics and Diversity in Psychology	6
Internship I*	3	Intro to Behavioral Statistics	6
ART or HUM or SS	6	ART or HUM or SS	6
Major Elective Courses	18	Major Elective Courses	12
7th semester (30 credits)		8th semester (30 credits)	
Senior Thesis Seminar I	6	Senior Thesis Seminar II	6
Major Elective Course	6	Major Elective Courses	12
Non-Major Elective Courses	18	Non-Major Elective Courses	12

* Upon completion of Internship I, students are required to enroll in the Practical Internship.

Graduation Requirements:

1. Earn at least 240 credits (+ credit hours earned for program internships and academic orientation program)
 - a. Complete all General Education requirements;
 - b. Complete all requirements for at least one major;
 - c. Earn no more than 102 credits of introductory (100-level) courses;
 - d. Complete at least 18 elective credits outside of a student's major and General Education program;
 - e. Complete the required number of internship credits (the number of credits is determined by each department);
 - f. Pass all state graduation examinations;
 - g. Successfully complete and defend a senior thesis/project;
 - h. Receive no "F" or "N/P" grades in the final semester;

To earn an overall GPA of at least 2.0.